



September 24-25, 2011

www.lakeswim.net

LOCATION: Mariners Landing at Smith Mountain Lake
1245 Graves Harbor Trail
Huddleston, VA 24104
540-296-1004
www.marinerslanding.com

***** Please make sure you take a moment to familiarize yourself with this location and plan accordingly. The start location is on the beach directly behind the Mariner's Landing condos.

DIRECTOR: Doug Fonder
540-397-0505
dougfonder@gmail.com

EVENTS: Saturday – 5K all ages
Sunday – 1 mile all ages
Sunday – ½ mile 9 & Under

AGE DIVISIONS: ½ Mile: 9 & Under
1 Mile: 10-11, 12-13, 14-15, 16-19, 20-29, 30-49, 50 & Over
5K: 14 & Under, 15-19, 20-29, 30-49, 50 & Over

COURSE: There will be an in-water start at the beach. Detailed directions with landmarks (including any changes) will be available at check-in. 9 & Under swimmers will be taken by boat to the half-way point of the course and swim their event from boat start to finish line.

DATE/TIME: Check-in for the 5K will be on Saturday September 24, 2011 from 3:15-3:45pm with a race start of 4:00pm. Check-in for the 1 mile (and ½ mile) races will be on Sunday September 25, 2011 from 9:45-10:15am. ½ mile race boat will depart shore at 10:30am and the race will start at approximately 10:45am. The 1 mile flights will begin from the beach at 11:00am.

ENTRY FEE: \$39 for one event or \$55 for both days. T-Shirts & tickets for food at the awards ceremony are included with registrations which have been sent in by the preregistration deadline of September 16, 2011.

LATE ENTRIES: On site entries are welcome, but must be submitted no later than 3:45pm on September 24th for the 5K event and no later than 10:15am on September 25th for the one mile (and ½ mile) races. Absolutely no entries will be accepted after these times on race days! T-Shirts WILL NOT be given for late entries, but will be available for purchase for \$15 at the event. Meal tickets will be available for purchase for \$10 at the event.

GENERAL INFO: 1. Rest rooms and dressing rooms are available at the site. 2. Water temperature will be approximately 80 degrees. 3. Wetsuits are permitted. 4. Cancellation due to weather is always possible. No Refunds. 5. Overnight accommodations are available with discount rates at Mariners Landing.

SAFETY: Rescue personnel will be beach side during all events. Kayakers will patrol the course during the race to keep swimmers from excessively departing the course route. Motorized boat will be available for emergency assistance during events.

FOOD/DRINK: All paid participants, including on-site entries, will receive a ticket for food at the awards ceremony following Sunday's races. All paid participants in Saturday's 5K will also receive a snack meal after the race. Additional food tickets for Sunday's awards ceremony may be purchased for \$10 on site. Complimentary water for all participants will be provided on Saturday and Sunday.

PARKING: Parking spaces are available at Mariners Landing.

AWARDS/SOCIAL: Awards will be given for first through third in each age group, male and female classification. Awards will be presented at the social, immediately after the finish of the last race on Sunday.

RESULTS: Results will be posted on site upon availability. Post-race results can viewed on our website at www.lakeswim.net within 2 days after the event.

ENTRIES: May be submitted via postal mail, online or at the race site prior to close of the registration period.

OVERNIGHT ACCOMMODATIONS available at our official resort host sponsor:

Mariners Landing
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Huddleston, VA 24104
540-296-1004
www.marinerslanding.com

*****Make sure you mention you are visiting for the 2011 Open Water Swim upon registration to receive the excellent room rates!!!**